2016 Eastwood Baseball Season Archive

2016 Season Stats

- 7th Grade Team Season Statistics (click to download)
- 8th Grade Team Season Statistics (click to download)

2016 8th Grade Team Season Game Photos

Click to View Here

8th Grade Baseball Schedule & Results Team Record: 7-0 UNDEFEATED!

Day:	Date:	Opponent:	Results:
Thu	4/14	@ Beech Grove	W 17-2
Mon	4/18	vs. Indy Kings	W 10-8
Wed	4/20	vs. Stonybrook	W 12-4
Mon	5/2	@ Noblesville East MS	W 11-5
Tue	5/3	vs. Northview (Coach Blackburn Day)	W 13-3
Wed	5/11	vs. Westlane (Location: @ Westlane)	W 13-5
Mon	5/16	@ Northview	W 3-2

Head Coach: Doug Vinton

2016 8th Grade Team Season Statistics

7th Grade Baseball Schedule & Results Team Record: 4-2

Day:	Date:	Opponent:	Results:
Wed	4/13	@ Zionsville West MS	W 5-4
Thu	4/14	vs. Chapel Hill	W 5-2
Wed	4/20	@ New Augusta	L 13-14
Tue	4/26	vs. Park Tudor	W 1-0
Thu	4/28	@ Westlane	W 14-10
Wed	5/4	@ Fall Creek Valley	L 3-15

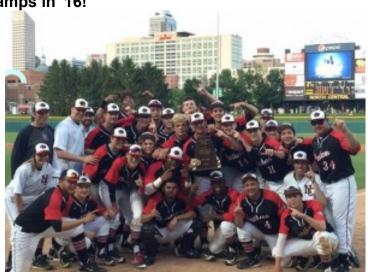
Head Coach: Caleb Snow

2016 7th Grade Team Season Statistics

Panthers are County Champs in '16!

PANTHER BASEBALL

WEAR THE BLACK...
BRING THE NOISE!!!!!!!



Coach Blackburn Day May 3, 2016: A celebration honoring former Eastwood coach and Pastor of Resonate Church, Davey Blackburn (@DaveyBlackburn)

Davey coached baseball at Eastwood from 2013-2015. His church, Resonate Church began in the Eastwood LGI back in 2013 and is now is being held at Northview Middle School each Sunday. Davey has a passion to shepherd the Washington Township community and the city of Indianapolis through the struggles of the world today. His love of the game of baseball and his dedication to our Eastwood families made him a great coach for our boys. It was our sincere pleasure to host Davey and his son Weston at our home game vs. the Northview Falcons on May 3, 2016, to throw out the game's first pitch!

Davey and Weston, you will always be a part of the Eastwood Baseball Family! **#NothingIsWasted #GraceForIndy**





Taking Care of Your Pitching Arms & Bodies - Use R.I.C.E.

Rest

Rest from any activity that increases your pain. It is also important to avoid activity that causes an increase in pain or ache after that activity with rest (such as the following night or morning). Ideally lie down in a comfortable position to minimize swelling and further damage.

lce

Ice the injured area for 20 minutes every 2 hours. Use crushed ice or an <u>ice</u> pack wrapped in a damp tea towel.

Compression

Compress the injured area with a <u>compression bandage</u> to minimize swelling. If on applying a compression bandage you experience pins and needles, numbness or ANY color change in your extremities (e.g. foot or hand), the bandage is too tight and is cutting off your circulation. It must therefore be loosened or taken off completely. Remove your compression bandage for sleeping.

Elevation

Elevate the injured area above the level of your heart (provided this does not cause an increase in pain) for as long as possible to minimize bleeding and swelling.

General Information & Forms

- Emergency Contact Form
- Ride Home Permission
- Conflicting Schedule Form

May 19: Spring Athletics Banquet @7pm

May 14: Athletic Car Wash Fundraiser

May 13: NC Panthers play at Victory Field for Marion County Championship

May 10: Middle School Night at North Central Baseball Diamond

April 22: Movie Night - Activity Fundraiser

April 13: Team Pictures

March 22: Parent Meeting Notes 2016

March 14-15: Team Tryouts

February 15: Baseball Callout Info 2016

Team Communications

Email Coach Vinton | Email Coach Snow

Twitter Updates: @EastwoodDVinton | @EWMSAthletics

Remind: Eastwood Baseball-Remind Invite

Eastwood Athletics Newsletter

North Central Panthers Baseball

North Central Panthers Baseball Website

- EW Athletics Parent Meeting Presentation
- Official Eastwood Spirit Gear
- Heads-Up Concussion Fact Sheet
- IHSAA Physical Packet